



MARCH 13, 2022  
SECOND SUNDAY OF LENT

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"This is my chosen Son; listen to him."*

**Luke 9:28b-36**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds&Maint.	Bob Gardiner	540-863-9452

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Mark Taylor	540-968-1183
Vice Chair	Greg Kristoff	540-962-8900
Secretary	Zelpha Withrow	540-962-2181
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds&Maint.	Ron Brunetti	540-962-1565
K of C Contact	Tom O'Doherty	540-962-6795

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds&Maint.	Louis Pokrywka	540-925-2413



Please pray for our  
Military Men & Women:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

Thank you for your support!

## PRAYER LIST

**St. Joseph**

Clair Dilley, Bob and Sandra Gardiner, Tom Greenwood, Rita Luther, Marie Martin, Sally Putnam.

**Sacred Heart**

Sergio Arambula, Pam Austin, Natalie Austin, Betty Jo and Robert Brown, Josephine Brown, Mack Brown, Montana Brown, Tom Callaham, Wanda Callaham, Jay Ewing, Tony Forbes, John Misorek, Mary O'Neill, Michael Rybka, Thomas Wade, Dave Wenke, Stanley Young

**Shrine of the Sacred Heart**

Henslee Faulkenberry (infant great granddaughter of Sara Belle Worsham), Margaret Fields, John W. Smith, Clarissa Westenburger



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<b>St. Joseph</b>	
Sunday Offertory	\$985.00
Votive	23.25
 <b>Sacred Heart</b>	
Sunday Offertory	\$3,310.00
 <b>Shrine of the Sacred Heart</b>	
Sunday Offertory	\$2,602.40

## CALENDAR

### WEEKDAY MASSES

12NOON Tuesday and Thursday at St. Joseph  
11:30AM Wednesday and 12NOON Friday at Sacred Heart \*(10:45AM Friday, Holy Hour with Benediction at Sacred Heart)

First Saturday Mass will be celebrated at Sacred Heart in honor of the Blessed Mother: 9:00AM Rosary and Litany of the Blessed Mother followed by Mass at 9:30AM

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

### Stations of the Cross

Wednesdays @ 5:00 PM @ Shrine of the Sacred Heart  
Wednesdays @ 6:00 PM @ St. Joseph  
Fridays @ 5:30 PM @ Sacred Heart ♣ Meatless Soup Supper afterwards in Parish Hall

## HIS GLORIFIED BODY

Western Christianity has been heavily influenced by Greek philosophy. Key to this view is that each human being is a composite of body and soul. The soul is a spirit that can live independently of the flesh. The sages of the Old Testament did not share this view. For them, a human being was a complete unit. Without a body, a person was only a shadow. The name for the afterlife was "Sheol", literally "Shadowland". Hence if there is a resurrection it must be a full body resuscitation. Paul defends this view and teaches that our own revivification must be patterned after the risen body of Jesus. This glorified corpus had the ability to appear at will, to walk through walls, and to levitate. Paul believes that we will share these characteristics.

## NOTICES

Please pray for the repose of the soul of Fr. Jim Dorson who died March 7th. May he rest in the peace of Christ. Funeral arrangements are incomplete at this time.

All Fridays during Lent are days of abstinence from meat. Abstaining from meat and other indulgences during Lent is a penitential practice.

**MARK YOUR CALENDARS:** The Spring Life Chain will be held on Sunday, April 3, from 2:30PM to 3:45PM.

The next Faith Formation, Symbolon, Knowing the Faith, will begin on Tuesday, March 15<sup>th</sup>, from 6:30PM to 7:45PM in Sacred Heart parish hall. Symbolon, Knowing the Faith, explains the essentials of the Catholic Faith in a way that will inform our minds and inspire our hearts.

The Knights of Columbus will have a Third Degree Exemplification Ceremony on March 17<sup>th</sup> at 6:30PM at Sacred Heart, Covington, followed by a reception that looks a great deal like a St. Patrick's Day Party in the Parish Hall. We will be providing Reuben Grill Sandwiches with mashed potatoes and/or chips, and beverages. Parishioners are asked to bring a side or dessert. All our clustered parishes are invited to attend.

Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting and almsgiving. Through CRS Rice Bowl, families learn about how our sisters and brothers across the globe overcome hardships like hunger and malnutrition, and how through Lenten alms, we have the power to make the world a better place for all.

Download the free Amen app today and gain access to an extensive library of Catholic prayers and meditations to help you be constant in prayer throughout this Lent.

The Lord is my light and my salvation.

## DAILY READINGS

Sun. Mar. 13	Genesis 15: 5-12, 17-18; Psalms 27: 1, 7-8, 8-9, 13-14; Philippians 3: 17 – 4: 1; Matthew 17: 5; Luke 9: 28b-36
Mon. Mar. 14	Daniel 9: 4b-10; Psalms 79: 8, 9, 11 and 13; John 6: 63c, 68c; Luke 6: 36-38
Tues. Mar. 15	Isaiah 1: 10, 16-20; Psalms 50: 8-9, 16bc-17, 21 and 23; Ezekiel 18: 31; Matthew 23: 1-12
Wed. Mar. 16	Jeremiah 18: 18-20; Psalms 31: 5-6, 14, 15-16; John 8: 12; Matthew 20: 17-28
Thurs. Mar. 17	Jeremiah 17: 5-10; Psalms 1: 1-2, 3, 4 and 6; Luke 8: 15; Luke 16: 19-31
Fri. Mar. 18	Genesis 37: 3-4, 12-13a, 17b-28; Psalms 105: 16-17, 18-19, 20-21; John 3: 16; Matthew 21: 33-43, 45-46
Sat. Mar. 19	2 Samuel 7: 4-5a, 12-14a, 16; Psalms 89: 2-3, 4-5, 27 and 29; Romans 4: 13, 16-18, 22; Psalms 84: 5; Matthew 1: 16, 18-21, 24
Sun. Mar. 20	Exodus 3: 1-8a, 13-15; Psalms 103: 1-2, 3-4, 6-7, 8, 11; 1 Corinthians 10: 1-6, 10-12; Matthew 4: 17; Luke 13: 1-9

## VOCATIONS

“This is my beloved Son, hear him.” Is our Lord asking you to follow him in tending His flock as a priest, deacon, sister or brother? Call Father Brian Capuano 804-359-5661 e-mail: vocations @richmonddiocese.org.



## REAWAKEN TO GOD

In last week's Gospel, we followed Jesus into the desert where He fasted and prayed. This week, He leads us up a mountain to witness His Transfiguration. Why both of these experiences?

He is preparing us to go with Him in a few short weeks to a hilltop — Golgotha — where He will lay down His life for our sake, and then finally to take us to an empty cave where He triumphed over sin and death once and for all.

Jesus perfectly understands our humanity. He knows we need desert experiences — times of self-denial and testing — in order to arrive at mountain-top moments when we see and feel His glorious presence in our lives. The purpose of these two types of experiences is summed up in the description of the Apostles who were with Jesus at that mountain-top experience in today's Gospel: "Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory...."

The reason for all of our fasting and prayer and almsgiving during lent is to be reawakened to all God has done for humanity, and to all that He has done for each of us personally. It is all too easy to get lulled into complacency in our daily routines, to "sleepwalk" through life, getting up and getting ourselves out the door, going to work, returning home for dinner and dishes, meetings, or sports activities, and finally flopping on the couch to watch TV until bedtime. While there is nothing inherently sinful in this routine, as Christian stewards, we are called to so much more!