



FEBRUARY 19, 2023
SEVENTH SUNDAY IN ORDINARY
TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"When someone strikes you on your right cheek, turn the other one as well."

Matthew 5:38-48

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Vacant	
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)
Morals, Joel Moscoso
St. Joseph – Michael Buchanan, Joshua
Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Brian Albrecht, Kevin Albrecht, Clair Dilley, Bob Gardiner, Tom Greenwood, Larry Griffith, Rita Luther, Sally Putnam, Terry Windsor.

Sacred Heart

Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Robert Hoke, Marcella Jordan, David Palance, Maria and Bob Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$
 Sacred Heart	
Sunday Offertory	\$1,137.00
 Shrine of the Sacred Heart	
Sunday Offertory	\$937.23



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Join us to learn the beautiful truth about the Sacrament of Reconciliation.

Time: 6:30 PM - 7:45 PM

Place: Sacred Heart Parish Hall

Dates: Tuesday, Feb. 28; Tuesday, Mar. 7; Tuesday, Mar. 14;
Monday, Mar. 20; Tuesday, Mar. 28

Contact: formed@sacredheartcovington.org or Don Rogowski 540-962-7344

* Watch the Trailer at <https://vimeo.com/180753958>

* The 5 Session: Where Are You?; An Encounter with Mercy; The Rite Explained; Biblical Foundations: Sin, Mercy, and the Sacrament of Confession; Answering Common Questions about Confession.

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CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday
Sacred Heart - 11:30AM Wednesday
12NOON Friday (10:45AM Friday, Holy Hour with Benediction at Sacred Heart)
First Saturday Mass will be celebrated at Sacred Heart in honor of the Blessed Mother. Service starts at 9:00AM with the Rosary and Litany of the Blessed Mother followed by Mass.

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

Lent begins on Ash Wednesday, February 22nd. Mass will be celebrated at Sacred Heart and the Shrine of the Sacred Heart at 12 Noon and at St. Joseph at 5:30pm. Ash Wednesday and Good Friday are days of fasting and abstinence from meat. All Fridays during Lent are days of abstinence from meat.

Stations of the Cross: 6PM on Thursday at St. Joseph; 5:30pm on Friday at Sacred Heart followed by a meatless soup supper in the parish hall. Shrine of the Sacred Heart, Stations of the Cross will be at 5PM beginning Wednesday, March 1.



NOTICES

Please remember to return your Comfort Care baby bottles on February 26th.

PRAYER, FASTING AND ALMSGIVING: THE THREE PILLARS

Three key pillars characterize the Lenten season: prayer, fasting, and almsgiving (charity). The USCCB tells us that during Lent, "we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting."

While most Catholics are familiar with "no meat on Fridays" during Lent, fasting and abstinence are important components throughout Lent. This may look like giving up things like gossip, your favorite coffee order, or forgoing music in the car and replacing it with prayer.

Almsgiving reminds us of Jesus's call to serve and connects us in solidarity with our brothers and sisters in need.

SAVE THE DATE: The Knights of Columbus and Sacred Heart are hosting a St. Patrick's Day and St. Joseph's Day party on Saturday, March 18th in the Sacred Heart parish hall at 5PM. All clustered parishes are invited to attend. Bring a side dish or dessert of your choice and join in good food and fellowship.

The Knights of Columbus are raffling a Cheer Basket for charity. Tickets are \$5 each and can be purchased from any Knight. The Drawing will be on March 18th at the St. Patrick's Day and St. Joseph's Day party in the parish hall. You must be 21 years of age or older to purchase a ticket.

The Lord is kind and merciful.

DAILY READINGS

Sun. Feb. 19	Leviticus 19: 1-2, 17-18; Psalms 103: 1-2, 3-4, 8 and 10, 12-13; 1 Corinthians 3: 16-23; 1 John 2: 5; Matthew 5: 38-48
Mon. Feb. 20	Sirach 1: 1-10; Psalms 93: 1ab, 1cd-2, 5; 2 Timothy 1: 10; Mark 9: 14-29
Tues. Feb. 21	Sirach 2: 1-11; Psalms 37: 3-4, 18-19, 27-28, 39-40; Galatians 6: 14; Mark 9: 30-37
Wed. Feb. 22	Joel 2: 12-18; Psalms 51: 3-4, 5-6ab, 12-13, 14 and 17; 2 Corinthians 5: 20 – 6:2; Psalms 95: 8; Matthew 6: 1-6, 16-18
Thurs. Feb. 23	Deuteronomy 30: 15-20; Psalms 1: 1-2, 3, 4 and 6; Matthew 4: 17; Luke 9: 22-25
Fri. Feb. 24	Isaiah 58: 1-9a; Psalms 51: 3-4, 5-6ab, 18-19; Amos 5: 14; Matthew 9: 14-15
Sat. Feb. 25	Isaiah 58: 9b-14; Psalms 86: 1-2, 3-4, 5-6; Ezekiel 33: 11; Luke 5: 27-32
Sun. Feb. 26	Genesis 2: 7-9; 3: 1-7; Psalms 51: 3-4, 5-6, 12-13, 14 and 17; Romans 5: 12-19 or 5: 12, 17-19; Matthew 4: 4b; Matthew 4:1-11

VOCATIONS

“Be holy, for I, the LORD your God, am holy.”
Is your vocation to holiness to be lived out as a priest or in the consecrated life? Call Father Brian Capuano 804-359-5661
e-mail: vocations@richmonddiocese.org.



THE HIGH BAR OF HOLINESS

“So be perfect, just as your heavenly Father is perfect.” Talk about setting the bar high!

This verse at the end of today’s Gospel passage from Matthew sets the tone for all of the readings this week. The stewardship way of life, giving away the best of our time, talents and treasure to God for His glory and for the sake of others, is the path to holiness. Yet, it appears utterly foolish in the eyes of many.

Our Lord gives us several illustrations today of this “foolish” concept: “When someone strikes you on your right cheek, turn the other one as well. If anyone wants to go to law with you over your tunic, hand over your cloak as well... love your enemies and pray for those who persecute you.” This is the kind of action and attitude that will make us “children of our heavenly Father.” This is the high bar of holiness to which our Lord is calling us.

If your lifestyle and your priorities look a little foolish to the world around you, know that you’re probably doing it right in God’s eyes. At the same time, you will be filled with a peace that the world around you desperately needs. And your stewardship way of life may just draw those around to the heavenly Father and a life of holiness, too. So, with God’s grace, we can confidently press on in the stewardship way of life, aiming to be perfect as our heavenly Father is perfect. Our all-holy God desires it and deserves nothing less.