



MARCH 12, 2023  
THIRD SUNDAY OF LENT

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Augustine Lukenge, Pastor**

434-755-1208

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"Everyone who drinks this water will be thirsty again;  
but whoever drinks the water I shall give will never thirst.."*

**John 4:5-42**

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Vacant	
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Brian Albrecht, Kevin Albrecht, Clair Dilley, Bob Gardiner, Tom Greenwood, Larry Griffith, Rita Luther, Sally Putnam, Terry Windsor.

### Sacred Heart

Clara Arbogast, Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Robert Hoke, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria and Bob Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

### Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory

### Sacred Heart

Sunday Offertory	\$4,674.00
Easter Flowers	325.00
Various 2 <sup>nd</sup> Collections	40.00

### Shrine of the Sacred Heart

Sunday Offertory	\$2,280.00
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## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday  
Sacred Heart - 11:30AM Wednesday;  
12NOON Friday (10:45AM Friday, Holy Hour with Benediction at Sacred Heart)  
First Saturday Mass will be celebrated at Sacred Heart in honor of the Blessed Mother. Service starts at 9:00AM with the Rosary and Litany of the Blessed Mother followed by Mass.

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

Stations of the Cross: 5PM on Wednesday at the Shrine of the Sacred Heart; 6PM on Wednesday at St. Joseph; 5:30PM on Friday at Sacred Heart followed by a meatless soup supper in the parish hall.

**SAVE THE DATE:** April 2nd, Palm Sunday, is the day of this year's annual Spring Life Chain, sponsored by our local Knights of Columbus Council #17457. A significant change is that the Life Chain will begin one hour earlier than in previous Life Chains. That means it will start at 1:15 in the afternoon on April 2nd. Additional details will be forthcoming.

Mike Pietrzyk will share a presentation on the Shroud Of Turin on Thursday, March 30th at 5:30pm in the Sacred Heart Covington Parish Hall. The Shroud is one of the most intriguing, amazing, controversial, and mysterious artifacts in the world. Saint John Paul II called it a "distinguished relic linked to the mystery of our redemption". As we continue through Lent, we contemplate this "icon written in blood" (Pope Benedict XVI). "This image, impressed upon the cloth, speaks to our heart and moves us to climb the hill of Calvary, to look upon the wood of the Cross, and to immerse ourselves in the eloquent silence of Love." (Pope Francis). All parishes are encouraged to attend

## NOTICES

The Knights of Columbus and Sacred Heart are hosting a St. Patrick's Day and St. Joseph's Day party on Saturday, March 18th in the Sacred Heart parish hall at 5PM. All clustered parishes are invited to attend. The Knights will provide the Irish food. Other attendees should bring an Italian dish and/or dessert. Join us in good food and fellowship. You do not have to bring a dish to attend.

The Knights of Columbus are raffling a Cheer Basket for charity. Tickets are \$5 each and can be purchased from any Knight. The Drawing will be on March 18th at the St. Patrick's Day and St. Joseph's Day party in the parish hall. You must be 21 years of age or older to purchase a ticket.

### Lenten Luncheon Schedule

March 15 - Good News Christian Church

March 22 - Gospel Tabernacle COGC

March 29 - Mallow Presbyterian Church

All lunches begin at 12 Noon and end prior to 1pm.

A free will offering is collected each Wednesday to support a local mission or ministry. Each week a different minister will bring us a message. Join together with brothers and sisters of all denominations to worship and glorify God.

The Knights of Columbus sponsored 2023 Baby Bottle Campaign collected \$1,227.66 from parishioners in support of the Comfort Care Women's Health Centers. These clinics, located in Waynesboro & Staunton, help women, in untimely pregnancies, to lean towards life for their unborn baby. The collected funds help provide counseling and concrete help through all stages of pregnancy, including medical and needed assistance *after* the baby is born. The Knights wish to thank all who contributed in support of mothers in stressful situations. The contact number for both Centers is (1-540-885-6261).

## DAILY READINGS

Sun. Mar. 12	Exodus 17: 3-7; Psalms 95: 1-2, 6-7, 8-9; Romans 5: 1-2, 5-8; John 4: 42, 15; John 4: 5-42
Mon. Mar. 13	2 Kings 5: 1-15; Psalms 42: 2, 3; 43: 3, 4; Psalms 130: 5, 7; Luke 4: 24-30
Tues. Mar. 14	Daniel 3: 25, 34-43; Psalms 25: 4-5ab, 6 and 7bc, 8-9; Joel 2: 12-13; Matthew 18: 21-35
Wed. Mar. 15	Deuteronomy 4:1, 5-9; Psalms 147: 12-13, 15-16, 19-20; John 6: 63c, 68c; Matthew 5: 17-19
Thurs. Mar. 16	Jeremiah 7: 23-28; Psalms 95: 1-2, 6-7, 8-9; Joel 2: 12-13; Luke 11: 14-23
Fri. Mar. 17	Hosea 14: 2-10; Psalms 81: 6c-8a, 8bc-9, 10-11ab, 14 and 17; Matthew 4: 17; Mark 12: 28-34
Sat. Mar. 18	Hosea 6: 1-6; Psalms 51: 3-4, 18-19, 20-21ab; Psalms 95: 8; Luke 18: 9-14
Sun. Mar. 19	First Samuel 16: 1, 6-7, 10-13; Psalms 23: 1-3a, 3b-4, 5, 6; Ephesians 5: 8-14; John 8: 12; John 9: 1-41

## VOCATIONS

"But whoever drinks the water I give, will never be thirsty." Are you thirsting for an understanding of your vocation? Call Father Brian Capuano 804-359-5661  
e-mail: vocations@richmonddiocese.org.



*The Water I Shall Give  
Will Become A Spring  
Of Living Water  
Welling Up To  
Eternal Life*

## OUR SPIRITUAL THIRST

Today's readings on this third Sunday of Lent present us with the theme of "thirst" and show us that a stewardship way of life can both satisfy our spiritual thirst for Christ and help us to satisfy Christ's thirst for souls.

Our first reading, from the book of Exodus, begins with the words, "In their thirst for water, the people grumbled against Moses." What little faith and lack of trust they show after all God has done to free them from slavery. But Moses cried out to God for help, and sure enough, God provided generously to satisfy their thirst. He continues to provide generously for us these many centuries later.

Our Gospel passage from John recounts the life-changing encounter Christ has with the Samaritan woman at the well beginning with His words to her, "Give me a drink." Then, He adds, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

Christ is speaking the very same words to us today. These two verses encapsulate the call to stewardship. Christ asks us to "give him a drink" by sharing what we have with Him and with others for His sake. Yet, it is Christ Himself who provides the water — the living water that is His grace.

God has chosen to include us in His plan for bringing all people to salvation through Him. We live out our part in His plan through a stewardship way of life. This Lent, let us resolve to respond to His call with passion and commitment. Let us do our part to quench His thirst.