



MARCH 26, 2023
FIFTH SUNDAY OF LENT

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"Did I not tell you that if you believe you will see the glory of God?"

John 11:1-45

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Vacant	
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)
Morals, Joel Moscoso
St. Joseph – Michael Buchanan, Joshua
Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Kevin Albrecht, Clair Dilley, Bob Gardiner, Tom Greenwood, Larry Griffith, Rita Luther, Sally Putnam, Terry Windsor.

Sacred Heart

Clara Arbogast, Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Robert Hoke, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria and Bob Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$1,072.00
 Sacred Heart	
Sunday Offertory	\$5,030.00
Catholic Relief Services	115.00
Respect Life	5.00
 Shrine of the Sacred Heart	
Sunday Offertory	\$ 1,453.88

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday
Sacred Heart - 11:30AM Wednesday;
12NOON Friday (10:45AM Friday, Holy Hour with Benediction at Sacred Heart)
First Saturday Mass will be celebrated at Sacred Heart in honor of the Blessed Mother. Service starts at 9:00AM with the Rosary and Litany of the Blessed Mother followed by Mass.

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

Stations of the Cross: 5PM on Wednesday at the Shrine; 6PM on Wednesday at St. Joseph; 5:30PM on Friday at Sacred Heart followed by a meatless soup supper in the parish hall.

NOTICES

Next Sunday is Palm Sunday. Sacred Heart parishioners will gather in front of city hall at 10:45AM for the Ecumenical Blessing of Palms and Palm Sunday procession to Sacred Heart Church.

Lenten Luncheon Schedule

March 29 - Mallow Presbyterian Church
All lunches begin at 12 Noon and end prior to 1pm.
A free will offering is collected each Wednesday to support a local mission or ministry. Each week a different minister will bring us a message.

Mike Pietrzyk will share a presentation on the Shroud Of Turin on Thursday, March 30th at 5:30pm in the Sacred Heart Covington Parish Hall. The Shroud is one of the most intriguing, amazing, controversial, and mysterious artifacts in the world. Saint John Paul II called it a "distinguished relic linked to the mystery of our redemption". As we continue through Lent, we contemplate this "icon written in blood" (Pope Benedict XVI). "This image, impressed upon the cloth, speaks to our heart and moves us to climb the hill of Calvary, to look upon the wood of the Cross, and to immerse ourselves in the eloquent silence of Love." (Pope Francis). The presentation is a wonderful lead into Holy Week. All parishes are encouraged to attend.

New seminar on May 9th beginning with a light dinner at 5:00PM and the seminar at 5:30PM at St. Joseph's Parish Hall.

This is for St. Joseph Church and Sacred Heart parishioners.

Get Your Affairs in Order: 4 things your family will thank you for, will provide you with information about Wills and Trusts, Catholic Advanced Medical Directives, Legacy Planning and Catholic Funeral Planning. This is a free informational seminar.

RSVP to the St. Joseph's parish office at 540-863-5371.

Life Chain - Spring 2023

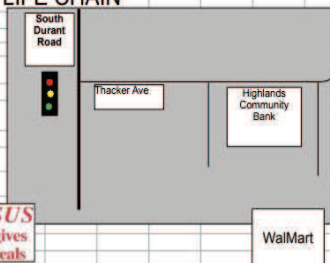
Yet another way to save Moms and their babies from ABORTION

ALLEGHANY HIGHLANDS LIFE CHAIN

Sunday - April 2, 2023

1:30 pm to 2:45 pm

At intersection [light], on sidewalk
 - entrance to WalMart

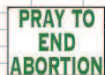


Pray silently while holding a sign explaining a truth about abortion.

695 Alleghany County/Covington/CF babies were surgically aborted in the last 25 years.

- Embryonic stem cell research kills a tiny baby (living human being at embryonic stage), and has yet to produce any benefits. Adult stem cell research uses undifferentiated cells from an adult and has produced cures and alleviated symptoms in over 90 types of illnesses/diseases.

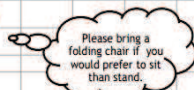
- Devices, the pill, & chemicals that prevent implantation may allow fertilization, thus destroying a new human life at least some percentage of the time....something to strongly ponder.



Rain date is: Sunday, April 16, 2023



Please arrive at 1:15 pm, pick up your sign & take your place on the sidewalk in the LIFE CHAIN.



Park at the Highlands Community Bank

Not a sponsor, but permission has been granted to park there.

The necessary permit was obtained through Covington City Hall. A code of conduct is printed on the back of many of the Life Chain signs, along with helpful prayers.

For more information about the Life Chain, please call 862-1917 or 962-1565.

DAILY READINGS

Sun. Mar. 26	Ezekiel 37: 12-14; Psalms 130: 1-2, 3-4, 5-6, 7-8; Romans 8: 8-11; John 11: 25a, 26; John 11: 1-45
Mon. Mar. 27	Daniel 13: 1-9, 15-17, 19-30, 33-62; Psalms 23: 1-3a, 3b-4, 5, 6; Ezekiel 33: 11; John 8: 1-11
Tues. Mar. 28	Numbers 21: 4-9; Psalms 102: 2-3, 16-18, 19-21; John 8: 21-30
Wed. Mar. 29	Daniel 3: 14-20, 91-92, 95; Daniel 3: 52, 53, 54, 55, 56; Luke 8: 15; John 8: 31-42
Thurs. Mar. 30	Genesis 17: 3-9; Psalms 105: 4-5, 6-7, 8-9; Psalms 95: 8; John 8: 51-59
Fri. Mar. 31	Jeremiah 20: 10-13; Psalms 18: 2-3a, 3bc-4, 5-6, 7; John 6: 63c, 68c; John 10: 31-42
Sat. Apr. 1	Ezekiel 37: 21-28; Jeremiah 31: 10, 11-12, 13; Ezekiel 18: 31; John 11: 45-56
Sun. Apr. 2	Matthew 21: 1-11; Isaiah 50: 4-7; Psalms 22: 8-9, 17-18, 19-20, 23-24; Philippians 2: 6-11; Philippians 2: 8-9; Matthew 26: 14 – 27: 66

VOCATIONS

“Did I not assure you that if you believed you would see the glory of God?” Do you believe Christ may be calling you to see the glory of the Blessed Trinity through a vocation to the priesthood or consecrated life? Call Father Brian Capuano 804-359-5661
e-mail: vocations @richmonddiocese.org.



THE LIGHT OF CHRIST

At this point in our Lenten journey, it is tempting to grow weary of the spiritual disciplines we have taken on. Today's readings inspire us to remain faithful, in grateful response to a God who loves us so much. In our first reading, the prophet Ezekiel speaks God's own words to us. "I will put my spirit in you that you may live... I have promised and I will do it, says the Lord." Our God wants to be so closely united to us that we are one with Him. And He has promised He will do it. But only if we make room for Him by making Him THE priority of our lives. Putting God first is a grateful response that is very pleasing to Him.

How can we do this? Our second reading, from Romans, tells us. "Those who are in the flesh cannot please God. But you are not in the flesh... you are in the spirit if only the Spirit of God dwells in you."

The disciplines of Lent and a stewardship way of life are wonderful gifts that free us from too great an attachment to "the flesh." The sacrifices we make as Christian stewards are not meant to restrict our freedom and joy. Quite the contrary. They are tools to help us find the real freedom and joy that only come when we make room in our lives for God.

As we journey closer to the Passion of our Lord, let us intensify our Lenten resolutions and our stewardship way of life, inviting the Holy Spirit to take over more and more of our lives. By Easter, we will be freer to rejoice in Him and truly pleasing to God.