



MAY 28, 2023  
PENTECOST SUNDAY

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Augustine Lukenge, Pastor**

434-755-1208

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"Receive the Holy Spirit. Whose sins you forgive are forgiven them,  
and whose sins you retain are retained."*

**John 20:19-23**

# CHURCH CONTACT INFORMATION

## St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

## Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Vacant	
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

## Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

# PRAYER LIST

## St. Joseph

Kevin Albrecht, Mark Asma, Clair Dilley, Bob Gardiner, Tom Greenwood, Rita Luther, Jean Manner, Sally Putnam, Terry Windsor.

## Sacred Heart

Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Robert Hoke, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria Perron, Paul Perron, Shaun Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

## Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



# WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

## St. Joseph

Sunday Offertory \$905.00

## Sacred Heart

Sunday Offertory \$1,126.00  
COPE Food Pantry 204.00

## Shrine of the Sacred Heart

Sunday Offertory \$307.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday  
Sacred Heart - 11:30AM Wednesday;  
12NOON Friday (10:45AM Friday, Holy Hour with  
Benediction at Sacred Heart)

First Friday Mass will be celebrated this Friday, June 2<sup>nd</sup>, at 11:00AM followed by eight hours of Adoration; Benediction will be at 8:00PM.

First Saturday Mass will be celebrated this Saturday, June 3<sup>rd</sup>, at Sacred Heart in honor of the Blessed Mother. Service starts at 9:00AM with the Rosary and Litany of the Blessed Mother followed by Mass at 9:30AM.

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

## HE BREATHED ON THEM

When Jesus appeared to the apostles on Easter Sunday, he breathed the Holy Spirit upon them. In Hebrew the word for "breath" and "spirit" are the same, so there is an obvious connection. We might form an image of Jesus breathing on the group of them from a distance, but there is a more revealing analogy.

CPR or Cardiopulmonary resuscitation is a process by which an unconscious person may be helped to breathe. Part of CPR involves mouth-to-mouth resuscitation. The person administering it clamps the victim's nostrils, making an airtight seal over his mouth and breathes into it about twelve times per minute. It has been called "the Kiss of Life". Jesus breathed a kiss of life into the souls of his followers. We still receive that kiss from God, the Holy Spirit.

## NOTICES

The Knights of Columbus invite all Knights and Parishioners to join in praying the Rosary at Mt. Carmel Catholic Cemetery on Memorial Day, Monday 29<sup>th</sup>, at 9:00am. American Flags will be placed on Veteran's graves.

First Friday Mass and Adoration is on June 2<sup>nd</sup>. Mass will be at 11am, followed by Adoration, with Benediction at 8pm. The sign-up sheet can be found in the vestibule. Spending time in Adoration draws us into intimacy with Jesus. And as we get closer to him, he gives us the wisdom and strength to serve his Church and the people he has placed in our lives.

The Roanoke Lebanese Festival will be held June 2 – 4, at St. Elias Maronite Catholic Church on 4730 Cove Rd NW in Roanoke. Three days of fun, food and culture. There will be delicious Lebanese food, church tours, and dance performances. You don't want to miss this.

The Foundation for Human Civilization invites you to support the Uganda Water Project. The goal is to raise \$30,000 to drill a centralized well in Uganda. It will service the remote villages of Bugolo-Kireku. There is no indoor plumbing in these villages, no running water. Each household must collect rainwater into a cistern to service their needs or carry jugs to the closest natural spring which is up to three miles away from the two villages.

For more information on the project, please see our site at <https://f4hc.org>. We accept online donations through a secured form on the "Support" tab of the site. We also accept checks made to Foundation for Human Civilization, P.O. Box 82, Covington, VA 24426.

Lord, send out your Spirit, and renew the face of the earth.

## DAILY READINGS

Sun. May 28	Acts 2: 1-11; Psalms 104: 1, 24, 29-30, 31, 34; 1 Corinthians 12: 3b-7, 12-13; John 20: 19-23
Mon. May 29	Genesis 3: 9-15, 20; Psalms 87: 1-2, 3 and 5, 6-7; John 19: 25-34
Tues. May 30	Sirach 35: 1-12; Psalms 50: 5-6, 7-8, 14 and 23; Matthew 11: 25; Mark 10: 28-31
Wed. May 31	Zephaniah 3: 14-18a; Isaiah 12: 2-3, 4bcd, 5-6; Luke 1: 45; Luke 1: 39-56
Thurs. June 1	Sirach 42: 15-25; Psalms 33: 2-3, 4-5, 6-7, 8-9; John 8: 12; Mark 10: 46-52
Fri. June 2	Sirach 44: 1, 9-13; Psalms 149: 1b-2, 3-4, 5-6a and 9b; John 15: 16; Mark 11: 11-26
Sat. June 3	Sirach 51: 12cd-20; Psalms 19: 8, 9, 10, 11; Colossians 3: 16a, 17c; Mark 11: 27-33
Sun. June 4	Exodus 34: 4b-6, 8-9; Daniel 3: 52, 53, 54, 55, 56; 2 Corinthians 13: 11-13; Revelation 1: 8; John 3: 16-18

## VOCATIONS

“There are varieties of gifts, but the same Spirit.” Is the Lord inviting you to share your gifts as a priest, deacon, sister or brother? Call Father Brian Capuano 804-359-5661 e-mail: vocations @richmonddiocese.org.



## PEACE BE WITH YOU

Throughout our readings today, we see the amazing truth that the Holy Spirit gives us gifts and guidance in a very personal way. We are meant to use these gifts to build up the Body of Christ in a way that is unique to each one of us.

Our first reading, from the Acts of the Apostles, recalls the dramatic moment when the Holy Spirit was poured out upon the apostles. “Suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.”

Notice how personal and individual is this outpouring of the Spirit. This personalized way of “gifting” the apostles allowed them each to reach different people, sharing with them the “mighty acts of God.” Embracing the stewardship way of life means that we allow the Holy Spirit to guide us in the best use of the unique gifts He has given to each of us, to accomplish the particular mission entrusted to us.

Jesus gives us this mission in our Gospel passage from John. “As the Father has sent me, so I send you.” But we must not let this responsibility overwhelm us. Jesus Himself, tells us so — “Peace be with you.”

As this Easter season comes to a close, let us be at peace. And let us resolve to lean on the Holy Spirit more and more as our guide through the stewardship way of life.