



JUNE 11, 2023
SOLEMNITY OF THE BODY AND
BLOOD OF CHRIST

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"Whoever eats my flesh and drinks my blood remains in me and I in him."

John 6:51-58

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Kevin Albrecht, Mark Asma, Clair Dilley, Bob Gardiner, Tom Greenwood, Rita Luther, Jean Manner, Sally Putnam, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria Perron, Paul Perron, Shaun Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory	\$535.00
Roof Fund	200.00

Sacred Heart

Sunday Offertory	\$4,003.00
2 nd Collections	329.00
Votive	21.00

Shrine of the Sacred Heart

Sunday Offertory	\$2,585.00
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CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday
Sacred Heart - 11:30AM Wednesday;
12NOON Friday (10:45AM Friday, Holy Hour with
Benediction at Sacred Heart)

First Friday Mass will be celebrated at 11:00AM
followed by eight hours of Adoration; Benediction
will be at 8:00PM.

First Saturday Mass will be celebrated at Sacred
Heart in honor of the Blessed Mother. Service starts
at 9:00AM with the Rosary and Litany of the Blessed
Mother followed by Mass at 9:30AM.

Contact Fr. Tom (540-588-8492) to schedule a time
for weekday Mass at the Shrine of the Sacred Heart.

Today, we celebrate the solemn feast of Corpus Christi. It is three feasts in one: the feast of the Eucharistic sacrifice, the feast of the Sacrament of the Eucharist and the feast of the Real Presence of Jesus in this Sacrament. Corpus Christi is a doctrinal feast established for three purposes: 1) to give God collective thanks for Christ's abiding presence with us in the Eucharist and to honor Him there; 2) to instruct the people in the Mystery, Faith and devotion surrounding the Eucharist, and 3) to teach us to appreciate and make use of the great gift of the Holy Eucharist, both as a Sacrament and as a sacrifice. In the three-year cycle of the Sunday liturgy, there is a different theme each year for this Feast of the Body and Blood of Christ. In Cycle A the theme is the Eucharist as our food and drink; in Cycle B the emphasis is on the Eucharist as the sign of the covenant; and in Cycle C the theme focuses on the priesthood of Jesus. Although we celebrate the institution of the Holy Eucharist on Holy Thursday, the Church wants to emphasize its importance by a special feast, formerly called "Corpus Christi." It was Pope Urban IV who first extended the feast to the universal Church. This is one of the few feasts left in which we observe a procession and a sung "Sequence."

NOTICES

Solemnity of the Sacred Heart is Friday, June 16th. There will be Adoration and Benediction at Sacred Heart from 10:45 AM to 11:45 AM. Mass will be celebrated at 6:00 PM, not 12:00 noon. There will be a Potluck following Mass in the parish hall. Since it is a solemnity, meat dishes are fine.

The Memorial of the Immaculate Heart of Mary is Saturday, June 17th. The Rosary and Litany of the Blessed Mother will be prayed at 9AM followed by Mass at 9:30AM.

SAVE THE DATE: The 2023 Annual Clustered Parish Picnic, hosted by the Shrine of the Sacred Heart, will be on Sunday, September 17th, beginning at 1pm at the Old Dairy Barn, 46 Old Dairy Road, Warm Springs, VA. Meat and drinks will be provided. Parishioners are asked to bring a side dish or a dessert.

The Foundation for Human Civilization invites you to support the Uganda Water Project. The goal is to raise \$30,000 to drill a centralized well in Uganda. It will service the remote villages of Bugolo-Kireku. There is no indoor plumbing in these villages, no running water. Each household must collect rainwater into a cistern to service their needs or carry jugs to the closest natural spring which is up to three miles away from the two villages.

For more information on the project, please see our site at <https://f4hc.org>. We accept online donations through a secured form on the "Support" tab of the site. We also accept checks made to Foundation for Human Civilization, P.O. Box 82, Covington, VA 24426.

Praise the Lord, Jerusalem.

DAILY READINGS

Sun. June 11	Deuteronomy 8: 2-3, 14b-16a; Psalms 147: 12-13, 14-15, 19-20; 1 Corinthians 10: 16-17; John 6: 51; John 6: 51-58
Mon. June 12	2 Corinthians 1: 1-7; Psalms 34: 2-3, 4-5, 6-7, 8-9; Matthew 5: 12a; Matthew 5: 1-12
Tues. June 13	2 Corinthians 1: 18-22; Psalms 119: 129, 130, 131, 132, 133, 135; Matthew 5: 16; Matthew 5: 13-16
Wed. June 14	2 Corinthians 3: 4-11; Psalms 99: 5, 6, 7, 8, 9; Psalms 25: 4b, 5a; Matthew 5: 17-19
Thurs. June 15	2 Corinthians 3: 15 – 4: 1, 3-6; Psalms 85: 9ab and 10, 11-12, 13-14; John 13: 34; Matthew 5: 20-26
Fri. June 16	Deuteronomy 7: 6-11; Psalms 103: 1-2, 3-4, 6-7, 8, 10; 1 John 4: 7-16; Matthew 11: 29a; Matthew 11: 25-30
Sat. June 17	2 Corinthians 5: 14-21; Psalms 103: 1-2, 3-4, 9-10, 11-12; Luke 2: 19; Luke 2: 41-51
Sun. June 18	Exodus 19: 2-6a; Psalms 100: 1-2, 3, 5 Romans 5: 6-11; Mark 1: 15; Matthew 9: 36 – 10: 8

VOCATIONS

Jesus has given us His Body to eat and His Blood to drink so as to nourish us on our journey towards Heaven. All are called in Christ, but some are chosen to nourish with His body as priests and in the consecrated life. Could you be among them? Call Father Brian Capuano 804-359-5661
e-mail: vocations @richmonddiocese.org.



GIFTS OF THE WORD OF GOD AND THE EUCHARIST

Today we celebrate the Solemnity of the Body and Blood of Christ. Our readings are focused on the gifts of the Word of God and the Eucharist. This feast has deep significance to those of us living the stewardship way of life.

Why? As stewards, we recognize that all that we are and all that we have been given are gifts from God. We are called to treasure these gifts and use them for God's glory. Our Solemnity today and the readings for this week invite us to a deeper gratitude and better stewardship of the two sublime gifts of God's Word and the Eucharist.

In our first reading from Deuteronomy, Our Heavenly Father (such a good teacher) reminds us that just as we experience physical hunger from lack of food, we become spiritually malnourished through a lack of feeding on the Word of God. It is that important.

And, just as the Word of God is vital to our spiritual nourishment, so, too, is the nourishment of the Eucharist. Jesus could not make this any clearer to us: "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you."

Without the Eucharist, we die spiritually. But through the Eucharist, we experience a taste of heaven right now — "Whoever eats my flesh and drinks my blood has eternal life." As Christian stewards, we must recognize that in the gifts of the Word of God and the Eucharist, we have everything we need to sustain us in this world and guide us to heaven. Let us resolve to steward these precious gifts well with all our hearts, always.