



JANUARY 21, 2024  
THIRD SUNDAY IN ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Augustine Lukenge, Pastor**

434-755-1208

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"Come after me, and I will make you fishers of men."*

**Mark 1:14-20**

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso

St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

### Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Paulino Gutierrez, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Maria Perron, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Sophia Veras, Karen Wenke, Bill Withrow

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Avention Grimes



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory \$797.00

### Sacred Heart

Sunday Offertory \$1,143.00  
Capital Improvements 15.00

### Shrine of the Sacred Heart

Sunday Offertory \$999.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday  
Sacred Heart – 11:30AM Wednesday;  
Friday - 10:45AM Adoration and Benediction; Mass at 12Noon

Tomorrow, Monday, January 22nd, is the Day of Prayer for the Legal Protection of Unborn Children. Mass will be celebrated at Sacred Heart at 11:30AM.

First Friday Mass beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; First Saturday Mass at 9AM beginning with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## TIME RUNNING OUT

Saint Paul at first believed that the end of the world was near. Later he came to understand that the "end" really meant a transition to new world of Christ.

While still in the former train of thought he encouraged people to become disconnected from the world. They should abandon marriage and worldly pursuits.

He later changed this teaching.

## JONAH IN NINEVEH

Jonah was a minor Jewish prophet in the 8th century B.C. According to the Book of Jonah he was ordered by God to leave Israel and convert Iraq. He isn't thrilled with the and runs away.

Eventually he agrees to the project. He heads for Nineveh, the capital of Iraq. Amazingly he meets with a huge success in only one day. The pagans have more faith than the man of God.

## NOTICES

### RESPECT LIFE

The over 60 million abortions since the 1973 decisions of Roe v. Wade and Doe v. Bolton reflect with heartbreaking magnitude what Pope Francis means by a "throwaway culture." However, we have great trust in God's providence. We are reminded time and again in Scripture to seek the Lord's help, and as people of faith, we believe that our prayers are heard. And while, on June 24, 2022, the Dobbs v. Jackson Women's Health Organization decision overturned Roe v. Wade, right now state and federal laws, in many instances, are still hostile to preborn children. So, great prayer and advocacy is still very needed.

The General Instruction of the Roman Missal, no. 373, designates January 22 as a particular day of prayer and penance, called the "Day of Prayer for the Legal Protection of Unborn Children": "In all the Dioceses of the United States of America, January 22 shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion.

The first Saturday Mass at Sacred Heart on February 3rd will be a Knights of Columbus quarterly Mass. All Mass attendees are invited to a free breakfast of biscuits, scrambled eggs, sausage, coffee, milk, and orange juice in the Parish Hall following Mass.

If you are writing a check for the ComfortCare Baby Bottle Campaign, please make your check to KNIGHTS OF COLUMBUS COUNCIL #17457. The Supreme KofC will contribute \$100 for each \$500 raised by the Council, so checks need to be written to the Knights and not Comfort Care.

## DAILY READINGS

Sun. Jan. 21	Jonah 3: 1-5, 10; Psalms 25: 4-5, 6-7, 8-9; 1 Corinthians 7: 29-31; Mark 1: 15; Mark 1: 14-20
Mon. Jan. 22	2 Samuel 5: 1-7, 10; Psalms 89: 20, 21-22, 25-26; 2 Timothy 1: 10; Mark 3: 22-30
Tues. Jan. 23	2 Samuel 6: 12b-15, 17-19; Psalms 24: 7, 8, 9, 10; Matthew 11: 25; Mark 3: 31-35
Wed. Jan. 24	2 Samuel 7: 4-17; Psalms 89: 4-5, 27-28, 29-30; Mark 4: 1-20
Thurs. Jan. 25	Acts 22: 3-16; Psalms 117: 1bc, 2; John 15: 16; Mark 16: 15-18
Fri. Jan. 26	2 Timothy 1: 1-8; Psalms 96: 1-2a, 2b-3, 7-8a, 10; Matthew 11: 25; Mark 4: 26-34
Sat. Jan. 27	2 Samuel 12: 1-7a, 10-17; Psalms 51: 12-13, 14-15, 16-17; John 3: 16; Mark 4: 35-41
Sun. Jan. 28	Deuteronomy 18: 15-20; Psalms 95: 1-2, 6-7, 8-9; 1 Corinthians 7: 32-35; Matthew 4: 16; Mark 1: 21-28

## VOCATIONS

"Follow Me and I will make you fishers of men." Is the Lord calling upon you to cast a wider net with a vocation as to the priesthood or consecrated life? Call Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## FOLLOW CHRIST DECISIVELY

Today's readings call us to be decisive in our faith. Simon, Andrew, James, and John demonstrate this decision for us in their response to Christ's calling, "Come after me, and I will make you fishers of men." In both instances, the men immediately abandoned what was before them and followed Christ.

Imagine if Simon and Andrew looked at their Savior and said, "Thanks for the offer, but we will finish up fishing and meet you later." That is no way a disciple should respond to Christ's call. Yet, that is how we often respond to Jesus' offer to us, "Come after me." We can easily fall into the misconception that we have plenty of time to live active discipleship. But as faithful stewards of our time, we must change our ways and immediately follow Christ more intentionally, because Christ is calling us to act now.

These men became members of Jesus' 12 apostles. They surrendered their entire lives to follow Christ. We, too, are called to surrender our lives to the Lord so that He may work through us. We might think, "God isn't calling me." But indeed, He is. Just as He called four ordinary fishermen, He is calling each one of us. Renewing and reevaluating what God might be asking of us throughout our lives is a key component of our stewardship journey.

As we settle into this New Year, let us ponder the ways we can renew our commitment to God. Let us ask ourselves: what are we casting our nets for? And are we willing to leave it behind for something much greater? And if not now, when?