



JUNE 2, 2024
SOLEMNITY OF THE MOST HOLY
BODY AND BLOOD OF CHRIST

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body."

Mark 14:12-16, 22-26

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory \$

Sacred Heart

Sunday Offertory \$1,115.00
Capital Improvements 865.00

Shrine of the Sacred Heart

Sunday Offertory \$ 1,147.63

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM followed by
the Rosary.

-Monday, June 3, 2024 – Saint Charles Lwanga
and Companions, Martyrs at Sacred Heart at 9:30am

First Friday Mass will be celebrated on Friday, June
7th, with Adoration from 12:00N to 5:45pm, followed
by Benediction and Mass at 6:00pm. There is a sign-
up sheet for Adoration as you enter the church.

NOTICES

This is the last day of the Annual Lebanese Festival at
St. Elias Maronite Catholic Church, 4730 Cove Road
NW, Roanoke Va. There is delicious Lebanese food,
Arabic music, dancers and tours of the church
covering the rich history of Maronite Catholicism.

Sacred Heart's Centennial weekend will kick off on
Friday, June 7th, with Mass at 6PM followed by a
pizza party in the parish hall. All Sacred Heart
parishioners are invited to attend. Please let us know
if you are coming to the pizza party. There is a sign-
up sheet on the podium as you enter the church.

On Saturday, June 8th, the Centennial Celebration
continues. Mass will be celebrated at 11AM with
Bishop Knestout followed by a catered luncheon in
the parish hall. Due to having the luncheon catered
as well as having limited seating in both the church
and the parish hall, only those who have RSVP'd are
able to attend this event at this time.

NOTICES

Most Reverend Barry C. Knestout, Bishop of
Richmond, has announced the appointments of
Fr. Augustine Lukenge, from pastor of Shrine of
the Sacred Heart, Hot Springs; Sacred Heart,
Covington; and St. Joseph, Clifton Forge, to
pastor, Christ the King, Norfolk; and Fr. Ernest
Dugah, from parochial vicar of St. Gabriel,
Chesterfield, and Good Samaritan, Amelia, to
administrator of the Shrine of the Sacred Heart,
Hot Springs; Sacred Heart, Covington; and St.
Joseph, Clifton Forge, effective July 1, 2024.

Do you know someone who might be inquiring
about the Catholic Faith or may want to become
a Catholic? If yes, beginning in August that
someone can start the process of learning more
about the Catholic Faith with the possibility of
becoming Catholic at the Easter Vigil 2025 (April
19, 2025). To learn more contact Don Rogowski
at 540-962-7344 or Janice Campbell at 540-969-
9073

The Solemnity of the Most Holy Body and Blood
of Christ

The Eucharist, Pope Francis said, "communicates
the Lord's love for us: a love so great that it
nourishes us with himself; a freely given love,
always available to every person who hungers....
To live the experience of faith means to allow
oneself to be nourished by the Lord and to build
one's own existence not with material goods but
with the reality that does not perish: the gifts of
God, his Word and his Body." We rejoice on this
solemn celebration of our Eucharistic faith in
order to show fitting honor to the Lord and
deepen our attachment to him. Lord, we are not
worthy to receive you, but only say the word and
our souls shall be healed!

DAILY READINGS

Sun. June 2	Exodus 24: 3-8; Psalms 116: 12-13, 15-16, 17-18; Hebrews 9: 11-15; John 6: 51; Mark 14: 12-16, 22-26
Mon. June 3	2 Peter 1: 2-7; Psalms 91: 1-2, 14-15b, 15c-16; Revelation 1: 5ab; Mark 12: 1-12
Tues. June 4	2 Peter 3: 12-15a, 17-18; Psalms 90: 2, 3-4, 10, 14, 16; Ephesians 1: 17-18; Mark 12: 13-17
Wed. June 5	2 Timothy 1: 1-3, 6-12; Psalms 123: 1b-2ab, 2cdef; John 11: 25a, 26; Mark 12: 18-27
Thurs. June 6	2 Timothy 2: 8-15; Psalms 25: 4-5ab, 8-9, 10, 14; 2 Timothy 1: 10; Mark 12: 28-34
Fri. June 7	Hosea 11: 1, 3-4, 8c-9; Isaiah 12: 2-3, 4, 5-6; Ephesians 3: 8-12, 14-19; Matthew 11: 29ab; John 19: 31-37
Sat. June 8	2 Timothy 4: 1-8; Psalms 71: 8-9, 14-15a b, 16-17, 22; Luke 2: 19; Luke 2: 41-51
Sun. June 9	Genesis 3: 9-15; Psalms 130: 1-2, 3-4, 5-6, 7-8; 2 Corinthians 4: 13 – 5:1; John 12: 31b-32; Mark 3: 20-35

VOCATIONS

“This is My blood of the covenant, which is poured out for many.” Are you being chosen by Christ to pour out your life’s work for souls with Him as a priest, deacon or in the consecrated life? Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



CORPUS CHRISTI

Today we celebrate Corpus Christi — the Body and Blood of Christ. Jesus’ Body and Blood was sacrificed for us on Calvary, but before that excruciating event, He humbly bound Himself to human hands in the Eucharist. As St. Thomas Aquinas expresses, “In this sacrament sins are purged away, virtues are increased, the soul satiated with an abundance of every spiritual gift. No other sacrament is so beneficial.”

Our Gospel today recounts the Last Supper. As Jesus ate the Passover meal with His apostles, He broke bread, telling them, “This is my Body,” and again, poured wine, saying, “This is my Blood... which will be shed for many.” In this moment, Jesus sacrificially gave us Himself in the Eucharist by foreshadowing His passion, death and resurrection.

Out of total love, Jesus holds nothing back from us. He gives us His entire self. We must ask ourselves; do we understand Who we consume at every Mass? It is our Precious Redeemer. As life becomes busy and our minds are filled with the countless things we must get done each day, we often forget to acknowledge our Savior at Mass; or to spend time with Him throughout our week; or to accept all the graces He wishes to bestow on us as we receive Him. So let us stop and recognize the real presence of our Savior.

Jesus gave us the perfect and loving Gift of Himself so that we might be nourished, strengthened and more fully united to Him as we journey to eternal life. Let us strive to intentionally honor and reverence Him at every Mass; strive to fully partake in each Eucharistic meal; and let us find time to visit our Savior in the Tabernacle.