



OCTOBER 20, 2024  
TWENTY-NINTH SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

### Sacred Heart

Blake Alderman, Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Karen Cody, Wanda Dameron, Esther Ewing, Jay Ewing, Rev. David Hanks, Tony Forbes, Roberta Frampton, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Avention Grimes



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<b>St. Joseph</b>	
Sunday Offertory	\$
<b>Sacred Heart</b>	
Sunday Offertory	\$2,522.00
Hurricane Helene Relief	1,596.00
<b>Shrine of the Sacred Heart</b>	
Offertory+ Hurricane Relief	\$4,013.00

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary. – Friday Benediction and Adoration at 10:45AM followed by Mass at 12Noon.

Friday, November 1, is All Saints Day, a HOLY DAY OF OBLIGATION.

Mass Schedule:

Shrine - 9:00 AM Mass

St. Joseph - 12:00 PM Mass

Sacred Heart - 12:00 PM Exposition and Adoration;  
6:00 PM Benediction

6:30 PM Mass

Saturday, November 2, is All Souls Day, not a Holy Day of Obligation. Mass Schedule:

9:00 AM Mass at the Shrine

9:00 AM Rosary at Mount Carmel Cemetery

10:00 AM Mass at Sacred Heart

## NOTICES

Wishing a blessed 99<sup>th</sup> birthday to Ilia Wade, tomorrow, October 21. Your faith and wisdom have been a guiding light for all of us. May this year be filled with joy, love and continued blessings! Happy Birthday!

Sacred Heart-St. Joseph Knights of Columbus Council is distributing "Keep Christ in Christmas" car magnets for free after Sunday Vigil and Sunday Masses the first four weekends of November at all three clustered parishes. Each family is welcome to take one magnet either the first or second weekend. After each family wanting a magnet has had the opportunity to get one, each family is welcome to take a second magnet either the third and fourth weekend, if magnets are available."

## NOTICES

November 1, 2024, is the 21<sup>st</sup> anniversary of Fr. Dugah's ordination. Congratulations Fr. Dugah and may God Bless you with many more years!

This fall, voters will select candidates for the office of President, U.S. Senator, U.S. Representative and – in some areas – "down-ballot" offices. At the Virginia Catholic Conference Election Resource Hub you'll find information on registering to vote, faithfully preparing to vote, and more!  
<https://vacatholic.org/election2024/>

Sacred Hearts-St. Joseph Knights of Columbus Council is continuing to provide spiritual and financial support to Mr. Aventon Grimes, a seminarian of the Diocese of Richmond, during the 2024/2025 Seminary Year. Mr. Grimes' birthday is November 4<sup>th</sup>. Today after Mass there will be a birthday card for Mr. Grimes that the Knights are asking everyone to sign.

October is the month of the Rosary. We will pray the Rosary 20 minutes before Mass each Sunday of October.

All ladies of Sacred Heart are invited to a Baby Shower for Lauren Clark following Mass on October 27th in the parish hall. To add a personal touch, we're making it a covered dish event! Bring a finger food to share. Lauren's baby registry can be found at [babylist.com](http://babylist.com). Go to the website, select Find A Baby Registry. Type Lauren Clark in the search box. Then select the one with the due date of 12/12/2024.

## DAILY READINGS

Sun. Oct. 20	Isaiah 53: 10-11; Psalms 33: 4-5, 18-19, 20, 22; Hebrews 4: 14-16; Mark 10: 45; Mark 10: 35-45
Mon. Oct. 21	Ephesians 2: 1-10; Psalms 100: 2, 3, 4ab, 4c-5; Matthew 5: 3; Luke 12: 13-21
Tues. Oct. 22	Ephesians 2: 12-22; Psalms 85: 9ab-10, 11-12, 13-14; Luke 21: 36; Luke 12: 35-38
Wed. Oct. 23	Ephesians 3: 2-12; Isaiah 12: 2-3, 4bcd, 5-6; Matthew 24: 42a, 44; Luke 12: 39-48
Thurs. Oct. 24	Ephesians 3: 14-21; Psalms 33: 1-2, 4-5, 11-12, 18-19; Philippians 3: 8-9; Luke 12: 49-53
Fri. Oct. 25	Ephesians 4: 1-6; Psalms 24: 1-2, 3-4ab, 5-6; Matthew 11: 25; Luke 12: 54-59
Sat. Oct. 26	Ephesians 4: 7-16; Psalms 122: 1-2, 3-4ab, 4cd-5; Ezekiel 33: 11; Luke 13: 1-9
Sun. Oct. 27	Jeremiah 31: 7-9; Psalms 126: 1-2, 2-3, 4-5, 6; Hebrews 5: 1-6; 2 Timothy 1: 10; Mark 10: 46-52

## VOCATIONS

“Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?” Should the Lord direct these words to you in prayer, how will you respond? As a priest, deacon or in the consecrated life?

Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



**We Have A Great  
High Priest Who  
Has Passed  
Through The  
Heavens**

## LIVE A LIFE OF HUMILITY AND SERVICE

Our Gospel today conveys how we are called to imitate Jesus through humility and service. We are reminded that the Son of God became man and surrendered His life into the hands of men so that we might be saved. The life of Jesus was centered around His Father’s mission and the service of mankind. And this is how we ought to live — in imitation of Christ.

James and John wanted to ensure they had a spot in heaven with Jesus. They were concerned about themselves in that moment — “Grant that in your glory we may sit one at your right and the other at your left.” Jesus quickly reminded them, “whoever wishes to be great among you will be your servant; whoever wishes to be first among you will be the slave of all.”

Our culture constantly encourages us to do what we can to get ahead in this world, to do what feels good, no matter the effects — that power, authority, and wealth should be our goals in life.

Our faith offers us something different and fulfilling — a life of humility and service. As Christian stewards, we are called to live our lives in service of God and neighbor, just as Jesus did. Our life is not about us. It is about fulfilling God’s glorious plan for each one of us. So, we must ask ourselves, are we living out God’s plan for our lives? Is my life centered on Christ and those around me or is it centered on me?

It can be difficult to know God’s plan for our entire life. He sees the whole picture — we only see the now. All we can do is seek Him daily. If each day is centered on Him, then our entire lives will become the work of Jesus.