

OCTOBER 6, 2024  
TWENTY-SEVENTH SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

### Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Karen Cody, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Avention Grimes



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory \$687.00

### Sacred Heart

Sunday Offertory \$835.00  
Retired Religious Fund 411.00

### Shrine of the Sacred Heart

Sunday Offertory \$1,997.75

## CALENDAR

### WEEKDAY MASS SCHEDULE

There will be no weekday Masses on Monday through Thursday. Our priests will be at a conference.

There will be Adoration and Benediction at Sacred Heart on Friday beginning at 10:45AM followed by Mass at 12Noon.

-First Friday of each month at Sacred Heart beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM;

-First Saturday of each month beginning at 9AM with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## NOTICES

Sacred Heart will have a Fall potluck on Sunday, October 13th. Bring a dish of your choice and join in good food and fellowship. All are welcome to come even if you cannot bring a dish.

Knights of Columbus Knights put their faith into action ever day to make life better in their parishes and communities. The Knights of Columbus offers men the opportunity to grow in their faith while helping others and supporting the Church, and to become better Catholics, husbands, and fathers. All practicing Catholic men 18 years or older are invited to join. If you are interested, speak to a Sacred Heart - St. Joseph Council Knight after Mass or contact Don Rogowski at 540-962-7344.

This fall, voters will select candidates for the office of President, U.S. Senator, U.S. Representative and – in some areas – “down-ballot” offices. At the Virginia Catholic Conference Election Resource Hub you’ll find information on registering to vote, faithfully preparing to vote, and more!  
<https://vacatholic.org/election2024/>

There will be a special collection next weekend for those impacted by Hurricane Helene and relief efforts. If you are contributing by check, write in the memo section of your check “Hurricane Helene Relief”.

## Life Chain - Fall 2024

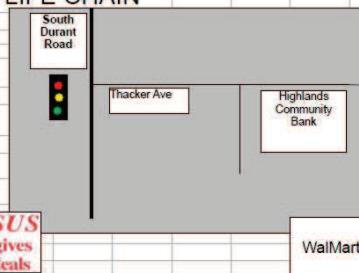
Yet another way to save Moms and their babies from ABORTION

### ALLEGHANY HIGHLANDS LIFE CHAIN

Sunday - October 6, 2024

1:30 pm to 2:45 pm

At intersection [light], on sidewalk  
- entrance to WalMart  
Industrial Park



ABORTION  
KILLS  
CHILDREN

JESUS  
Forgives  
& Heals

WalMart

Pray silently while holding a sign explaining a truth about abortion.

Over 700 Alleghany County/Covington/CF babies were surgically aborted in the last 25 years

- An inconvenient fact: IVF procedures often include the fertilization of multiple/many ovum, resulting in multiple tiny human beings (embryos), all brothers and sisters of each other. Ones not implanted in the mother's womb will be “destroyed”, frozen, or sent off for “research”.....something to strongly ponder.

- Devices, 'the pill', & chemicals that prevent implantation may allow fertilization, thus destroying a new human life at least some percentage of the time....something to strongly ponder.

PRAY TO  
END  
ABORTION

Rain date is: Sunday, October 13, 2024

Life  
the first  
INALIENABLE  
RIGHT

Please arrive at 1:15 pm, pick up your sign & take your place on the sidewalk in the LIFE CHAIN.

Park at the Highlands Community Bank

Not a sponsor, but permission has been granted to park there.

The necessary permit was obtained through Covington City Hall. A code of conduct is printed on the back of many of the Life Chain signs, along with helpful prayers.

For more information about the Life Chain, please call 862-1917 or 962-1565.

Please bring a folding chair if you would prefer to sit than stand.

## SAVE THE DATE

All ladies of Sacred Heart are invited to a Baby Shower for Lauren Clarke following Mass on October 27th in the parish hall. More information to come.

## DAILY READINGS

Sun. Oct. 6	Genesis 2: 18-24; Psalms 128: 1-2, 3, 4-5, 6; Hebrews 2: 9-11; 1 John 4: 12; Mark 10: 2-16
Mon. Oct. 7	Galatians 1: 6-12; Psalms 111: 1b-2, 7-8, 9, 10c; John 13: 34; Luke 10: 25-37
Tues. Oct. 8	Galatians 1: 13-24; Psalms 139: 1b-3, 13-14ab, 14c-15; Luke 11: 28; Luke 10: 38-42
Wed. Oct. 9	Galatians 2: 1-2, 7-14; Psalms 117: 1bc, 2; Romans 8: 15bc; Luke 11: 1-4
Thurs. Oct. 10	Galatians 3: 1-5; Luke 1: 69, 70-71, 72, 73-75; Acts 16: 14b; Luke 11: 5-13
Fri. Oct. 11	Galatians 3: 7-14; Psalms 111: 1b-2, 3-4, 5-6; John 12: 31b-32; Luke 11: 15-26
Sat. Oct. 12	Galatians 3: 22-29; Psalms 105: 2-3, 4-5, 6-7; Luke 11: 28; Luke 11: 27-28
Sun. Oct. 13	Wisdom 7: 7-11; Psalms 90: 12-13, 14-15, 16-17; Hebrews 4: 12-13; Matthew 5: 3; Mark 10: 17-30

## VOCATIONS

“Let the little children come to me; ...” Are you being called to bring others to Christ and His Kingdom as a priest, deacon, sister or brother? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## FILL YOUR HOMES WITH GRATITUDE

Our readings this week speak to each of our domestic churches — the little churches that we call our families.

The First Reading from the book of Genesis takes us to the beginning of creation when God made man and woman. When Adam sees the woman he says, “This one, at last, is bone of my bones and flesh of my flesh; this one shall be called ‘woman.’”

We can almost hear the longing, gratitude, and appreciation in Adam’s voice when he meets Eve as he says, “at last.” She was a gift because she was an equal partner to him.

This was before the fall of man, meaning sin had not entered the world. Adam and Eve only viewed each other in total acceptance and love.

Our Gospel brings us to life after sin had entered the world — a time that is familiar to us. As the Pharisees questioned Jesus about divorce, He expressed that Moses permitted it because of the hardness of man’s heart. However, Jesus was calling them to deeper holiness. He was calling them to restore the original plan God had intended for marriage, “A man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.”

Jesus’ words still apply to us here and now in each of our domestic churches. It is the task of families to tirelessly work to restore God’s original plan for marriage and family life — homes filled with gratitude, acceptance, and love.

It takes a daily commitment to live out our call to holiness to restore our families to this beautiful image.