



JANUARY 26, 2025  
THE THIRD SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org) email: [stjoseph@ntelos.net](mailto:stjoseph@ntelos.net)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Mark Asma, Clair Dilley, Katie Greenwood, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

### Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Esther Ewing, Jay Ewing, Rev. David Hanks, Tony Forbes, Roberta Frampton, April Headley, Arthur Headley, Rosina Headley, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Avention Grimes



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$969.00
Sacred Heart	
Sunday Offertory	\$650.00
Respect Life Appeal	360.00
Shrine of the Sacred Heart	
Sunday Offertory	\$1,396.08

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.  
Friday - 10:45AM Adoration and Benediction; Mass at 12Noon  
First Saturday Mass is Saturday, February 1<sup>st</sup> at 9AM beginning with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## PHARISEES AND TAX COLLECTORS

Jesus strongly condemned religious hypocrisy. He illustrates this with a story that has lost much of its impact over the centuries. Partially because of the Gospels the name "Pharisee" has taken on a negative aspect. Actually, the Pharisees were the "good guys". They were a political group organized to defend the rights of migrant farm workers. Modern Judaism can be traced to the better ideals of the Pharisee movement.  
In the first century tax collectors were not merely civil servants, they were mercenaries who actually bid for the right to extort from their fellow Jews. Jesus turned the tables by showing that the supposed "sinner" had more humility than the self-proclaimed "holy man."

## *What Will Your Legacy Be?*

As Catholics we rejoice with faith in the resurrection. Yet we also know the passage from life to death can be stressful on those who survive us. By creating a legal Will or Trust, you can provide your next-of-kin with a peace of mind, knowing that you have already determined how your estate will be distributed and who will care for minor children. They will still grieve, but they won't face the daunting task of making decisions that you could have made.

## NOTICES

The first Saturday Mass at Sacred Heart on February 1 will be a Knights of Columbus quarterly Mass. All Mass attendees are invited to a free breakfast of biscuits, scrambled eggs, sausage, coffee, milk, and orange juice in the Parish Hall following Mass.

### COMFORTCARE BABY BOTTLE CAMPAIGN

Comfort Care Women's Health Centers of Lexington & Staunton are having their annual BABY BOTTLE CAMPAIGN once again. Please take a bottle home and get the entire family involved. Keep it for several weeks. Fill the bottle with spare change and cash or a check made out to K of C Council #17457 (write Baby Bottle or Comfort Care on the check memo line). Return the filled bottle before Mass on or before February 23, 2025. Writing checks out TO KOFC COUNCIL #17457 will allow for supplemental funds to be procured from a Supreme Council pro-life program, \$100 for each \$500 collected, up to an additional \$400 total for the clinics. Also, a letter of acknowledgement will be sent to check donors for the purpose of itemizing charity tax deductions. God bless you for your support in saving babies from abortion. Additional info can be obtained by visiting the [www.ccwomenshealth.org](http://www.ccwomenshealth.org) website or by contacting John Stec or Jennifer Seckner.

The next Adult Faith Formation is Lectio: Salvation, New Life in Christ. Sessions begin this Tuesday, January 28 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until April 1 (10 sessions, each ~1 hour). If you would like a free Participant Guide (over 200 pages), contact Don Rogowski @ 540-962-7344 or [formed@sacredheartcovington.org](mailto:formed@sacredheartcovington.org) by Monday, January 13. View the trailer at <https://vimeo.com/386007441>

## DAILY READINGS

Sun. Jan. 26	Nehemiah 8: 2-4a, 5-6, 8-10; Psalms 19: 8, 9, 10, 15; 1 Corinthians 12: 12-30; Luke 4: 18; Luke 1: 1-4; 4: 14-21
Mon. Jan. 27	Hebrews 9: 15, 24-28; Psalms 98: 1, 2-3ab, 3cd-4, 5-6; 2 Timothy 1: 10; Mark 3: 22-30
Tues. Jan. 28	Hebrews 10: 1-10; Psalms 40: 2 and 4ab, 7-8a, 10, 11; Matthew 11: 25; Mark 3: 31-35
Wed. Jan. 29	Hebrews 10: 11-18; Psalms 110: 1, 2, 3, 4; Mark 4: 1-20
Thurs. Jan. 30	Hebrews 10: 19-25; Psalms 24: 1-2, 3-4ab, 5-6; Psalms 119: 105; Mark 4: 21-25
Fri. Jan. 31	Hebrews 10: 32-39; Psalms 37: 3-4, 5-6, 23-24, 39-40; Matthew 11: 25; Mark 4: 26-34
Sat. Feb. 1	Hebrews 11: 1-2, 8-19; Luke 1: 69, 70-72, 73-75; John 3: 16; Mark 4: 35-41
Sun. Feb. 2	Malachi 3: 1-4; Psalms 24: 7, 8, 9, 10; Hebrews 2: 14-18; Luke 2: 32; Luke 2: 22-40

## VOCATIONS

“You are the body of Christ and individually members of it.” Are you being called to strengthen His body through a vocation to the priesthood, diaconate or the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



I Baptize With Water  
But One Mightier  
Is Coming

## MANY PARTS, ONE BODY

In St. Paul’s letter to the Corinthians, it states “If they were all one part, where would the body be? But as it is there are many parts, yet one body” (1 COR 12:18-20).

What does this teach us as Christian stewards? It shows us that we all have equal dignity and worth in God’s sight, and that if God sees us as equally precious, we should view each other in this same light. It teaches us to humbly recognize our own gifts as well as the giftedness of every member of our parish family. And, while God designed us to be ultimately dependent on Him, it seems He has also designed us to need each other!

This is part of the beauty and richness of a stewardship way of life. No one person can “do it all” in life — whether in family life or parish life. But God does not ask us to do it all. He simply asks us to share the gifts and talents we do have in the season of life we find ourselves right now.

It might feel uncomfortable at first. But the good news is you don’t have to do it all. Do your part, let your brothers and sisters in the Body of Christ do theirs, and know that the Spirit of the Lord is upon us all as we live out this stewardship way of life.