



**JUNE 1, 2025**  
**SOLEMNITY OF THE ASCENSION OF**  
**THE LORD**

**CLUSTERED CATHOLIC PARISHES OF**  
**THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org) email: [stjoseph@ntelos.net](mailto:stjoseph@ntelos.net)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
540-620-9309

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

Sacred Heart – St. Joseph Knights of Columbus Council 17457

Next Meeting: Thursday, June 19 @ Sacred Heart Parish Hall

Rosary: 6:25 PM, Meal: 6:45, Meeting: 7:10 PM

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	202-373-9571
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Leo Mulcahy	540-862-3021
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)

Morals, Joel Moscoso

St. Joseph –Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Maria Amerio, Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Roy Putnam, Sally Putnam, Carol Turner, Terry Windsor, Elaina Wright, Katie Greenwood White

### Sacred Heart

Pam Austin, Josephine Brown, Mack Brown, Wanda Callahan, Janice Campbell, Karen Cody, Jeanette Deardorff, John Dziedzic, Esther Ewing, John Gordon, Rev. David Hanks, Tony Forbes, April Headley, Arthur Headley, Annabella LaPosta, Raphael Lopez, Brooke Nogueira, David Palance, Paul Perron, Lucy Quirk, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser

### Diocese of Richmond Seminarian

## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory	\$

### Sacred Heart

Sunday Offertory	\$1,085.00
Capital Improvements	955.00

### Shrine of the Sacred Heart

Sunday Offertory	\$ 1,906.25

## CALENDAR

### WEEKDAY MASS SCHEDULE

**St. Joseph – Tuesday and Thursday at 12Noon**

**Sacred Heart – Wednesday at 11:30AM;**

**First Friday on June 6<sup>th</sup>: Mass is at 11AM followed by 8 hours of Adoration; Benediction is at 8PM. There is a signup sheet for Adoration as you enter the church.**

**First Saturday on June 7<sup>th</sup>: Rosary and Litany of Our Lady are prayed at 9AM followed by Mass at 9:30AM**

## RISE UP!

**"You are witnesses of these things. And behold I am sending the promise of my Father upon you; but stay in the city until you are clothed with power from on high." (Lk 24:48-49 )**

**So many of us struggle with knowing why we're here, asking ourselves "What is my purpose?" It can be especially challenging recognizing our identity as a child of God. Christ came into the world so that we could know God's love and follow in his footsteps. In similar fashion we must take a stand to fight for all that his goodness entails.**

**We are not of this world but must live intentionally, being disciples full of peace, joy, and love. Knowing the Gospel message empowers and strengthens us to endure in times of difficulty. We can take the next steps, set ablaze by the Holy Spirit, and testify that Jesus Christ's love is enough to surpass any worldly anxieties.**

**The Ascension reminds us that we are blessed with power as Christ's witnesses in today's world. We can rise up and make a difference in whatever role God has assigned us within our family and our community.**

By Alexis Dallara-Marsh

## NOTICES

**Do you know someone who might be inquiring about the Catholic Faith or may want to become a Catholic? If yes, beginning Monday, August 18 that someone can start the process of learning more about the Catholic Faith with the possibility of becoming Catholic at the Easter Vigil 2026 (April 5, 2026). To learn more contact Don Rogowski at 540-962-7344 or Janice Campbell at 540-969-9073.**

**The next Adult Faith Formation is Lectio: Peter: Cornerstone of Catholicism. The character of St. Peter is both inspiring and confounding to many of us. How could a stubborn and impulsive fisherman become the "rock" upon which Jesus would build his Church? Bringing together biblical accounts, historical evidence, Church teaching, classical art, and personal insights, Dr. Tim Gray gives a fresh perspective on Simon Peter that is immediately informative and relevant to our lives. After all, if Jesus could bring out the very best in someone like Peter, then there is hope for the rest of us. Sessions begin on Tuesday, September 9 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 11 (10 sessions, each ~1 hour). If you would like a Participant Guide (over 200 pages) , contact Don Rogowski @ 540-962-7344 or [formed@sacredheartcovington.org](mailto:formed@sacredheartcovington.org) by Monday, August 18.**

**The Sacred Heart-St. Joseph Knights of Columbus baby bottle campaign for ComfortCare Women's Health during January/February 2025 raised \$2240. As a result of the generous support of Sacred Heart and St. Joseph parishioners, the Supreme Knights of Columbus will provide an additional \$400 to ComfortCare. Thank you to all baby bottle campaign supporters!**

## DAILY READINGS

Sun. June 1	Acts 1: 1-11; Ephesians 1: 17-23; Matthew 28: 19a, 20b; Luke 24: 46-53
Mon. June 2	Acts 19: 1-8; Psalms 68: 2-3ab, 4-5acd, 6-7ab; Colossians 3: 1; John 16: 29-33
Tues. June 3	Acts 20: 17-27; Psalms 68: 10-11, 20-21; John 14: 16; John 17: 1-11a
Wed. June 4	Acts 20: 28-38; Psalms 68: 29-30, 33-35a, 35bc-36ab; John 17: 17b, 17a; John 17: 11b-19
Thurs. June 5	Acts 22: 30; 23: 6-11; Psalms 16: 1-2a; 5, 7-8, 9-10, 11; John 17: 21; John 17: 20-26
Fri. June 6	Acts 25: 13b-21; Psalms 103: 1-2, 11-12, 19-20ab; John 14: 26; John 21: 15-19
Sat. June 7	Acts 28: 16-20, 30-31; Psalms 11: 4, 5 and 7; John 16: 7, 13; John 21: 20-25
Sun. June 8	Genesis 11: 1-9; Psalms 104: 1-2, 24, 35, 27-28, 29, 30; Romans 8: 22-27; John 7: 37-39

## VOCATIONS

"You will be My witnesses to the ends of the earth." If you think the Lord may be inviting you to carry on His mission as a priest, deacon or in the consecrated life, contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



## LIVE AS A WITNESS OF THE GOOD NEWS

On this Feast of the Ascension, we celebrate Christ's triumphant return to the Father after perfectly accomplishing His mission on earth. But we also can also view this Feast as a celebration of the "launch day" of our commissioning as Christ's disciples.

Today's Gospel draws our attention to the clear instructions that Jesus gave His disciples (and to us) just before ascending to the Father: "Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things."

Embracing a stewardship way of life, with its emphasis on the use of time, talent and treasure, helps us to live in such a way that our very lives speak as a witness of the Good News of the Gospel. While we take time to reflect and renew our commitments in these three areas annually as a parish family, it is of great benefit to take some time individually throughout the year to take stock of the commitments we have made — looking at both our strengths and our need for continued growth in each area.

On this Feast of our "launch day," take some time to celebrate your victories as Christ's disciples and renew your commitment to remain faithful to Him and the unique mission He has entrusted to you!