



JULY 20, 2025
SIXTEENTH SUNDAY IN ORDINARY
TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org email: stjoseph@ntelos.net
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Ernest Dugah, Pastor

540-620-9309

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

MT CARMEL CATHOLIC CEMETERY

Low Moor, Virginia

Contact: Mr. Carl Withrow (540) 968-3267

Sacred Heart – St. Joseph Knights of Columbus Council 17457

Next Meeting: Thursday, August 21 @ Sacred Heart Parish Hall

Rosary: 6:25 PM, Meal: 6:45, Meeting: 7:10 PM

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	202-373-9571
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Leo Mulcahy	540-862-3021
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	540-620-9309
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus)
Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Maria Amerio, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor, Elaina Wright, Katie Greenwood White

Sacred Heart

Pam Austin, Josephine Brown, Mack Brown, Wanda Callahan, Janice Campbell, Karen Cody, Jeanette Deardorff, John Dziedzic, Esther Ewing, John Roberta Frampton, Gordon, Rev. David Hanks, Tony Forbes, April Headley, Arthur Headley, Annabella LaPosta, Raphael Lopez, Fr. Augustine Lukenge, Brooke Nogueira, David Palance, Paul Perron, Michael Rybka, Cathy Savage, Maureen Stec, Rayvi Veras, Patricia Whitlow, Bill Withrow, Becky Woodson, Francine Young

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser

Diocese of Richmond Seminarian

Mr. Aventon Grimes

WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph	
Sunday Offertory	\$833.00
Sacred Heart	
Sunday Offertory	\$961.00
Shrine of the Sacred Heart	
Sunday Offertory	\$1,506.50

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon

Sacred Heart – Wednesday at 11:30AM followed by the Rosary;

Friday: Adoration and Benediction at 10:45AM followed by Mass at 12NOON.

First Friday, August 1: Mass is celebrated at 11AM followed by 8 hours of Adoration and Benediction.

First Saturday, August 2: Rosary and Litany of Our Lady at 9AM followed by Mass at 9:30AM

ST. MARTHA

Jesus probably traveled to Jerusalem three times a year, throughout his life. He would have taken the safest route, through the Jordan river valley and up the eastern side of the Mount of Olives. Bethany would have been his last stop. He would wait here for Sunrise and the spectacular view of the Temple at dawn. It would seem that he visited the home of Lazarus, Mary and Martha to rest the night.

As his fame grew, Lazarus' family would look forward to these arrivals. Martha wants to anticipate his every need. She seems overwrought and stuffy in this scene. She doesn't appear to be saint-material. However, of the three people in the family, she is the one who shows the greatest growth. When her brother dies she is the one who states, "I have come to believe..." Because of this, Martha is the only one of three who is honored by a universal feast day.

The first Saturday Mass at Sacred Heart on August 2 will be a Knights of Columbus quarterly Mass. All Mass attendees are invited to a free breakfast of a scrambled eggs casserole, a French Toast casserole, coffee, milk, and orange juice in the Parish Hall following Mass.

NOTICES

Diane Hanna and Bryan Smith will be received into full Communion with the Catholic Church this morning at Sacred Heart. We will have a potluck reception in their honor following Mass on that Sunday. Please join us in celebrating this milestone in their journey of faith.

Do you know someone who might be inquiring about the Catholic Faith or may want to become a Catholic? If yes, beginning Monday, August 18 that someone can start the process of learning more about the Catholic Faith with the possibility of becoming Catholic at the Easter Vigil 2026 (April 5, 2026). To learn more contact Don Rogowski at 540-962-7344 or Janice Campbell at 540-969-9073.

SAVE THE DATE: The Tri-Parish picnic is scheduled for Sunday, September 28th, at the large picnic shelter at the Jackson River Sports Complex in Covington. Sacred Heart is hosting the picnic this year. More information will be available in future bulletins.

MARK YOUR CALENDARS: The next Adult Faith Formation is Lectio: Peter: Cornerstone of Catholicism. Sessions begin on Tuesday, September 9 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until November 11 (10 sessions, each ~1 hour).

CATHOLIC FEST

Join Bishop Knestout, and the entire diocese at a one-day festival in Richmond. The day will be full of music, food, fun, fellowship, faith, and celebrating the Mass as the Diocese of Richmond. The festival will be held at The Diamond in Richmond, VA on October 11, 2025, from 10 a.m. - 9 p.m.

DAILY READINGS

Sun. July 20	Genesis 18: 1-10a; Psalms 15: 2-3ab, 3cd-4, 5; Colossians 1: 24-28; Luke 8: 15; Luke 10: 38-42
Mon. July 21	Exodus 14: 5-18; Exodus 15: 1bc-2, 3-4, 5-6; Psalms 95: 8; Matthew 12: 38-42
Tues. July 22	Exodus 14: 21 – 15: 1; Exodus 15: 8-9, 10 and 12, 17; John 20: 1-2, 11-18
Wed. July 23	Exodus 16: 1-5, 9-15; Psalms 78: 18-19, 23-24, 25-26, 27-28; Matthew 13: 1-9
Thurs. July 24	Exodus 19: 1-2, 9-11, 16-20b; Daniel 3: 52, 53, 54, 55, 56; Matthew 11: 25; Matthew 13: 10-17
Fri. July 25	2 Corinthians 4: 7-15; Psalms 126: 1bc-2ab, 2cd-3, 4-5, 6; John 15: 16; Matthew 20: 20-28
Sat. July 26	Exodus 24: 3-8; Psalms 50: 1b-2, 5-6, 14-15; James 1: 21bc; Matthew 13: 24-30
Sun. July 27	Genesis 18: 20-32; Psalms 138: 1-2, 2-3, 6-7, 7-8; Colossians 2: 12-14; Romans 8: 15bc Luke 11: 1-13

VOCATIONS

“Mary has chosen the better part.” Does a life of prayer and service as a priest, deacon or in the consecrated life attract you? Contact Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



BE A GOOD SAMARITAN

In today's Gospel reading from St. Luke, we receive a reminder about the proper use of the gift of time, a fundamental aspect of a stewardship way of life. Our passage highlights one of the most famous dinner parties ever thrown, recalling the day that Martha and Mary hosted our Lord in their home. We are told that Martha, as a good steward, welcomes Christ in but then becomes “burdened with much serving” while her sister and fellow hostess chooses to simply sit with Jesus, listening to Him speak.

Martha becomes indignant at Mary's behavior and complains to Jesus, “Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me.” But Jesus, in His infinite wisdom, refuses to get pulled into this sisterly spat. Instead, He offers Martha a fresh way to look at the situation. “Martha, Martha, you are anxious and worried about many things. There is need of only one thing.”

What is that one thing? It is to put Jesus first in our lives and above all other things; to “sit at his feet” and listen as Mary did, giving Him the priority of our time no matter how busy we think we are. When we truly commit to putting Christ first in our daily lives through a regular time of prayer and frequent participation in the sacraments, we will find that all our other concerns become less pressing, less overwhelming.

Why is this so? Because the time we invest in our relationship with God saturates all aspects of our lives with His grace. And because God cannot be outdone in generosity. He will abundantly reward any sacrifice we make to spend time with Him.